



COVID-19 Guidelines

Aug 17,2020 – Oct 31,2020

- ALL coaches are required to follow these guidelines!
- Completion of the COVID-19 Waiver is required for all players
- Temperature check and question completed each day prior to practice.

QUESTION:

- **HAVE YOU RECENTLY FELT SICK?**
- **HAVE YOU RECENTLY HAD A FEVER? (100.4 OR HIGHER)**
- **HAVE YOU RECENTLY HAD A COUGH OR RUNNY NOSE?**
- **HAVE YOU RECENTLY HAD LOSS OF TASTE OR SMELL?**
- **HAVE YOU RECENTLY HAD A SORE THROAT OR HEADACHE?**
- **HAVE YOU RECENTLY HAD UPSET STOMACH OR DIARRHEA?**
- **HAVE YOU RECENTLY HAD BODY ACHES OR DIFFICULTY BREATHING?**

Note: Parents / transportation providers will remain available to the coaching staff through the temperature check process and will only leave once the child they have taken to practice has been cleared to participate.

- **STAY HOME IF YOU FEEL SICK OR IF YOU ARE EXPERIENCING COVID-19 RELATED SYMPTOMS**
- Players or coaches with COVID-19 symptoms will not be allowed to participate and cannot return to any team activities until **symptom free for 48 hours**
- Any player, coach or team volunteer who has been in close contact with someone who has tested positive or is presumed positive for Covid-19 must quarantine for **14 DAYS** before returning to team activities
- If at any given time a player, coach or team volunteer has tested positive for COVID-19 all **TEAM** activities will cease for **14 DAYS**
- **At no time will the identity of an infected individual be disclosed**
- Parents or transportation providers are encouraged to remain in their cars at all times. Parents will socially distance and adhere to state, county, and city guidelines and will not be allowed to congregate in the practice area.
 - Before and after practice congregation will not be allowed for all team participants (coaches, parents, players, and volunteers).
- Disinfect frequently used items and surfaces as much as possible
- Face coverings recommended for players over age 10 while not participating
- **Face coverings will be worn by all coaches and volunteers.**
- No more than 25 Players in an outdoor practice space, excluding coaches.
 - A practice space includes an active area for a drill or teamwork.
 - Coaches are encouraged to spread drills and teamwork out on the practice field.
- Each player will be required to provide their own water bottle. **NO SHARING**
- Clothing should be washed and sanitized after practice is completed.